

TEDDIES FROM THE HEART



Knit a Teddy

You will need:

Worsted weight yarn – bulkiness rating of “4”:

Head and paws	41 yards
Trouser color	51 yards
Sweater color	48 yards
Scarf Color	13 yards (can be same as pants if you want)

Size 4 or 5 needles (I’ve used 5’s and the bear comes out about 11” total height)

Cast on 10 stitches in main color. Knit 10 rows. Change to trouser color and knit 30 rows.

Leave that leg on the needle, and knit another leg.

Then knit across all 20 stitches and work a further 15 rows (16 rows total).

Change to sweater color and knit 24 rows.

Change to Main color and stockinette stitch (one row knit one row purl) for 38 rows

Change to sweater color and knit 24 rows.

Change to trouser color and knit 16 rows.

On the next row, knit 10 stitches and place the other 10 stitches on a stitch holder or piece of scrap yarn.

Continue knitting the “active” leg until you have 30 rows.

Change to paw color and knit 10 rows.

Bind off.

Put stitches for other leg back on the needle so that the “right” side is facing you and the tip toward the right (center of bear). Join new yarn (same color) and knit 30 rows.

Change to paw color and knit 10 rows.

Bind off.

Stitch down the sides of the head

With sweater color pick up 8 stitches both sides of the neck join, for the arms. Knit 20 rows then change to paw color and knit 10 rows for paws. Bind off.

Repeat for the other arm.

Sew up the teddy leaving an opening in the crotch and sew across the top corners of the head to make ears before stuffing. Stuff your teddy with clean, new polyester (or kapok) stuffing.

Run a thread through the knitting around the neck and draw it in. Sew on a happy face.
Scarf: Cast on 75 stitches, knit 4 rows. Bind off loosely.

Sew the scarf to the back of the neck of the teddy so it won't get lost, but only at the back leaves room for the imagination.

Teddies for Tragedies

Check List

- 1 When putting yarn around the neck please weave it through the knitting, starting at the centre back. Knot the ends together and sew scarf at the back over the knot so it does not get separated from the teddy.
- 2 Leave the scarf free at the front so child can tie and untie it. Do not use ribbon round the neck.
- 3 Please embroider mouth in stem stitch or back stitch so again the child cannot pull it out.
- 4 Stuff fairly firmly. If there is not enough stuffing, with the amount of play the teddy gets the stuffing could be shaken down to one end.